

## 950 Take and Eat

## Refrain

Take and eat; take and eat: this is my bod - y

giv-en up for you. Take and drink; take and drink:

this is my blood giv - en up for you.

## Verses

1. I am the Word that spoke and light was made;
2. I am the way that leads the ex - ile home;
3. I am the Lamb that takes a - way your sin;
4. I am the cor - ner - stone that God has laid;
5. I am the light that came in - to the world;
6. I am the first and last, the Liv - ing One;

EUCCHARIST



I am the seed that died to be re - born;  
 I am the truth that sets the cap - tive free;  
 I am the gate that guards you night and day;  
 A cho - sen stone and pre - 'cious in his eyes;  
 I am the light that dark - ness can - not hide;  
 I am the Lord who died that you might live;



I am the bread that comes from heav'n a - bove;  
 I am the life that rais - es up the dead;  
 You are my flock: you know the shep - herd's voice;  
 You are God's dwell - ing place, on me you rest;  
 I am the morn - ing star that nev - er sets;  
 I am the bride - groom, this my wed - ding song;



I am the vine that fills your cup with joy.  
 I am your peace, true peace my gift to you.  
 You are my own: your ran - som is my blood.  
 Like liv - ing stones, a tem - ple for God's praise.  
 Lift up your face, in you my light will shine.  
 You are my bride, come to the mar - riage feast.